



June 2025

Hempstead Elementary SCHOOL LUNCH MENU

**Available
Daily
Assorted
Wraps
Yogurt
Parfait w/
Fruit &
Granola
Assorted
Individual
Salads**

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON	TUES	WED	THUR S	FRI
² Chicken Drumsticks Baked Fries Orange	³ Soft Taco Green Salad Orange	⁴ WG Boneless Wings Baked Fries Banana	⁵ Cheeseburger Corn Apple Sliced	⁶ Cheese or Pepperoni Pizza Tossed Salad Watermelon
⁹ Hot Dog Vegetarian Beans Orange	¹⁰ WG Chicken Nuggets Baked Fries Mandarin	¹¹ Penne with Meat Sauce WG Roll Tossed Salad Apple	¹² Meatballs Sub Green Beans Banana	¹³ Cheese or Pepperoni Pizza Baby Carrots Watermelon
¹⁶ Mac & Cheese Popcorn Chicken Carrots Pear	¹⁷ Nachos with Meat & Cheese Beans Orange	¹⁸ Sausage & Dutch Waffles Baked Fries Mandarin	¹⁹ School Closed	²⁰ Cheese or Pepperoni Pizza Tossed Salad Watermelon
²³ Cheeseburger Corn Apple Sliced	²⁴ Soft Taco Green Salad Mandarin	²⁵ Cheese or Pepperoni Pizza Tossed Salad Watermelon	²⁶ WG Chicken Nuggets Baked Fries Banana	²⁷ Bag Lunch
³⁰ School Closed				

Menus are subject to change.



(Sandwiches (all on WG bread): Rotating Boars
Head Turkey & Cheese or Ham (P) & Cheese,
American Cheese, Sun butter & Jelly

Fruit & Yogurt Parfait w/ Granola

Bagel Lunch: WG bagel with 2 cheese sticks



This institution is an equal opportunity provider.